



Family Medicine San Diego Medical Center

The Program

Our program offers a strong evidence-based educational experience that includes:

- direct patient responsibility for a large diverse population
- a highly structured educational curriculum with intense faculty involvement
- innovative teaching and educational exposure
- a focus on preventive care, health promotion and disease prevention
- Innovative curriculum, including virtual medicine, political advocacy, behavioral and procedure clinics
- Global Health track
- a strong commitment to community service
- the nation's largest electronic health record system, Kaiser Permanente HealthConnect®
- team-based care
- Patient-Centered Medical Home

Kaiser Permanente in San Diego currently has one of the largest Family Medicine Departments in the world with over 200 Family Physicians on staff. The commitment to Primary Care is supported by our structure and strong presence in the medical center.

Our faculty has a wealth of teaching experience with many holding faculty appointments at the UC San Diego School of Medicine. The faculty members have been chosen for their clinical expertise, approachability and genuine interest in teaching.

Curriculum Goals and Objectives:

The goal of our curriculum is to develop well-trained, well-rounded compassionate physicians. We expect that graduates of our program will be prepared to succeed in practicing medicine in almost any setting. We hope that our graduates will share our appreciation of the importance of psychosocial factors and continuity of care in a successful practice.

Formal Educational Experience

Every Friday afternoon is dedicated to resident didactic sessions where all residents have protected education time regardless of rotation. Formal instruction is an important part of each clinical rotation, in addition to our weekly resident educational conferences.

Scholarly Activity

Each resident is required to complete a scholarly project during their residency. Our faculty has been involved in numerous research projects and provide guidance and support to help make each project a valuable experience. Kaiser Permanente, as an organization, has a rich network of research opportunities including its own clinical journal. Kaiser Permanente San Diego has its own research committee and internal review board. We have regional support of statisticians. Our electronic medical record and extensive patient databases allow a unique opportunity to complete patient-oriented research projects.

Clinical Experiences for Residents:

We are committed to providing high quality personalized care for patients in all phases of life.

Our medical offices are organized into health care teams to optimize patient care and to foster a supportive environment for all team members. Our teams work together on measurement and improvement of quality and service.

All residents are assigned their own panel of patients in the Family Medicine Center to allow patient-physician bonding and continuity of care.

All first-year residents have their continuity clinic together in the Family Medicine Center on Wednesday afternoons.

Each resident has a dedicated Pediatric Clinic in the Family Medicine Center one half day per month during most rotations throughout the three years of training.

We also have dedicated time for Gynecological Procedures, Minor Surgery Clinic, Behavioral Medicine Clinic and Geriatric Assessment Clinic.

Curriculum (subject to change)

First Postgraduate Year	
Adult Inpatient Medicine	16 weeks
Dermatology	2 weeks
Family Medicine Center	7 weeks
Pediatrics Inpatient	4 weeks
Pediatric Outpatient	2 weeks
Newborn Nursery	2 weeks
Obstetrics & Gynecology	6 weeks
Surgery Inpatient	3 weeks
Orthopedic/Sports Medicine	3 weeks
Family Medicine Center	1-2 half-day per week
Electives	3 weeks
Vacation	4 weeks
Second Postgraduate Year	
Adult Inpatient Medicine	8 weeks
Cardiology	2 weeks
Intensive Care (ICU)	2 weeks
Pediatrics Inpatient	4 weeks
Pediatric Outpatient	4 weeks
Obstetrics & Gynecology	7 weeks
Emergency Medicine	7 weeks
Surgery Outpatient	4 weeks
Community Medicine	2 weeks
Geriatrics	2 weeks
Family Medicine Center	2-3 half-days per week
Electives	4 weeks
Vacation	4 weeks
Third Postgraduate Year	
Adult Inpatient Medicine	8 weeks
Family Medicine	6 weeks
Medical Outpatient Subspecialties	4 weeks
Cardiology	2 weeks
Intensive Care (ICU)	2 weeks
Pediatric Outpatient	4 weeks
Orthopedic/Sports Medicine	4 weeks
Behavioral Medicine/Psychiatry	2 weeks
Head and Neck Surgery	2 weeks
Urology	2 weeks
Ophthalmology	2 weeks
Family Medicine Center	3-5 half-days per week
Electives	10 weeks
Vacation	4 weeks



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to learn more about how to apply, our faculty & residents, available clerkships & electives, and benefits & salary