The Riverside program is small, affording our residents the opportunity for individualized patient care as well as individualized teaching.

**The Program**
Dedicated to training family physicians with the broadest range of skills, able to practice in any clinical environment, Kaiser Permanente’s Residency Training Program in Family Medicine in Riverside is a part of the strong network of Kaiser Permanente residency training programs. We combine the friendly and personalized environment of a small-town community hospital with advanced medical center technology. With over 385,000 members receiving care at our medical center, a complete resident physician experience is assured.

Kaiser Permanente Riverside Medical Center’s hospital is a state of the art facility with modern imaging modalities, including MRI and PET, a large Intensive Care Unit (ICU), as well as Labor and Delivery and recovery rooms for family-centered obstetrical care. The 100-physician Family Medicine Department — the largest hospital department — mirrors the medical center physicians-at-large with its depth of experience, breadth of skill, and desire to teach.

Accredited in 1990, the Riverside Family Medicine Residency Program in Family Medicine has had multiple innovations over the last 25 years while remaining committed to training excellent Family Medicine physicians. Innovations include Pediatric Clinic, Injection Clinic and Dermatology Clinic in the
Department and outpatient facility, managing and following these patients in the hospital, and, as necessary, into and out of the ICU. Teaching rounds allow residents to get expert follow up, interpretation, and instruction on their hospitalized patients. All common and many uncommon medical conditions are represented in the admissions to the ward and ICU. Residents also serve as the primary physicians on hospitalized patients, maximizing their patient management experience. Admission numbers are sufficient to ensure an optimum training experience. There are specific rotations in Critical Care/ Pulmonary Medicine and Cardiology.

Pediatrics
Training in Pediatrics occurs in all three years and includes the ambulatory, inpatient, and nursery settings. The ambulatory experience provides experience in the complete range of common pediatric problems mixed with normal, healthy pediatric patients. Ambulatory and inpatient cases, with pertinent literature citations, are discussed at pediatric educational conferences. There is an ambulatory Pediatric Clinic in the Family Medicine Center, ½ day each week. Residents see pediatric patients and present them to a Pediatrician.

General Surgery
The first-year rotation is inpatient and outpatient, with residents working up and admitting surgical patients both electively and urgently, following them into the operating room, and completing post-operative care. The surgical staff, which includes thoracic surgeons and oncological surgeons, is diverse and well trained. The second-year surgical experience is ambulatory, with residents receiving training in all types of “lump and bump” surgeries, biopsies, and excisions. Residents
also spend time in the Breast Clinic learning about common breast disorders, mammographic evaluation, and the diagnosis and treatment of breast cancer.

**Orthopedics**
Orthopedic training is essential to the knowledge base of family physicians. The first-year experience is mainly ambulatory, with a two-week Sports Medicine experience included.

A local Sports Medicine clinic, which serves as a resource for many local high schools and colleges, is also used to provide a spectrum of common athletic injuries and problems, including athlete health maintenance. Residents diagnose, treat, and experience many types of orthopedic problems and procedures. The second-year experience is largely ambulatory.

**Obstetrics and Gynecology**
Residents completely manage — through labor, delivery, and postpartum — large numbers of low- and some high-risk obstetrical patients, with resident and attending supervision. The medical center has more than 275 deliveries a month.

Residents experience all obstetrical procedures including placement of internal and external catheters; episiotomy and repair; use of Pitocin; interpretation of monitoring strips; and use of assisted-delivery.

The gynecology experience, has a range of common gynecologic problems and procedures, including endometrial biopsy, colposcopy, interpretation of gynecologic microscopic slides, and utilization of different contraceptive devices.

Common Gynecologic problems residents experience include: dysfunctional uterine bleeding, uterine polyps, cervical trauma, miscarriages of all types, estrogen replacement therapy, gynecologic malignancies, and contraception.

During the Obstetrics rotation, residents are on call in Labor and Delivery. Family-centered deliveries are emphasized, using home-like labor, delivery, and recovery rooms.

**Emergency Medicine**
Residents work staggered 10-hour shifts with at least 24 hours off per week. The case load is mixed, both in the types of patients seen and the severity of cases. The Emergency Department is completely equipped to handle problems ranging from severe life-threatening trauma to minor lacerations. It also has areas devoted exclusively to Gynecology and Pediatrics, with full-time Emergency Medicine physicians present 24 hours a day.

**Geriatrics**
Residents perform geriatric evaluations and make skilled nursing facility and home visits. They become familiar with geriatric medical and social problems, family conferences, as well as an inter-disciplinary team approach to evaluate and assist seniors. The Palliative Care rotation trains residents in end of life issues, pain management, shared decision making and interdisciplinary family conferences.
Practice Management
Residents receive an experience during all three years, designed to prepare them to enter any practice environment upon completion of their residency — fee-for-service, independent practice association, group-model practice, or managed care.

Residents are provided with specific information about deciding on practice type, location, contracting, appropriate compensation, billing, benefits, hiring staff, and planning for retirement.

Behavioral Medicine
Behavioral Medicine is taught during all three years in the Family Medicine Center and through a series of didactic conferences. Behavioral Medicine faculty assists residents in recognizing, diagnosing, treating, and following up the spectrum of behavioral problems encountered. Videotaped patient interviews and in-room observations further assist residents in their physician/patient encounters and interviewing skills. Residents learn the practical skills that will allow them to recognize behavioral, functional, and somatic problems in their practice and treat appropriately.

Community Medicine
The community medicine experience is integrated throughout all three years using multiple community resources, including school nurses; local public health facilities; city, state, and county agencies; volunteer agencies; and charity organizations.

Electives
One month in the second year and four months in the third year are devoted to electives. Electives are available in all major specialty areas. Residents can develop electives based on their individual educational needs.

Education Time
Residents will receive one week of paid educational leave during their third year to attend an accredited educational conference.

To learn more about:
• How to apply
• Our faculty and residents
• Available clerkships & electives
• Benefits & Salary
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