Family Medicine
Orange County Medical Center

We are a cutting edge program whose enthusiastic faculty have woven diverse interests and backgrounds into an innovative and dynamic residency program. We offer an excellent ambulatory and inpatient care experience to a culturally diverse population, in a supportive and caring environment.

The Program
Orange County’s Family Medicine Residency Program reflects Kaiser Permanente’s long-standing tradition of providing medical residents with the skills needed to become accomplished and compassionate physicians. Here you will find the best of all educational worlds, including direct patient responsibility and a large and varied patient base. You will also benefit from the exceptional— and exacting — supervision of our board-certified physician faculty.

Family Medicine is a well-respected and integral part of patient care at our Medical Center. Emphasis is on the educational experience, not on menial tasks. We offer faculty with extensive teaching experience.

The Family Medicine residency is the only freestanding residency program in the Medical Center. Under the auspices of a young and enthusiastic faculty eager to share knowledge, you will learn a unique style of ambulatory care — one you may pursue upon completing your residency with us.

Kaiser Permanente is among the nation’s largest and most highly regarded managed care organizations. As a member of our residency program, you will learn to practice cost-effective and caring, medicine, with extensive use of information.
During your second year you will spend four weeks focusing on pediatrics in Kaiser Permanente Pediatric Services.

Third-year residents obtain further clinical exposure with a four-week rotation in outpatient general and subspecialty Pediatrics.

**Adult Medicine**

Our Family Medicine service is staffed by Family Medicine residents and attending physicians. The team consists of one intern, a second- or third-year resident, and an attending physician from Family Medicine or Internal Medicine. The team manages an average of six patients. There are two teams each block. Each resident has short-call responsibility every fourth night. A night float system is used to cover overnights.

First-year residents spend four weeks caring for patients in the ICU and CCU, gaining experience in Intensive Care, Coronary Care, Cardiology, and Neurology. Working with staff cardiologists and intensivists, you will assist in the management of critically ill patients.

Third-year residents spend four weeks studying under the tutelage of staff cardiologists and four weeks with staff neurologists. Primary emphasis is on testing and common outpatient problems.

**Pediatrics**

Your first year includes a four-week rotation on inpatient pediatrics at Children’s Hospital of Orange County (CHOC). In addition, two weeks in the nursery will emphasize normal newborns; however, part of your time will focus on stabilizing and resuscitating distressed newborns. Two weeks focus on ambulatory Pediatrics. First-year residents also spend two half-days each month seeing outpatient infants and children for whom they will be directly responsible throughout the three-year residency. While you are on inpatient Pediatric services, short call is every fourth night.

During your second year you will spend four weeks focusing on pediatrics in Kaiser Permanente Pediatric Services.

**Obstetrics and Gynecology**

Two three-week Obstetrics and Gynecology rotations are required in both the first and second year of your residency. Residents work closely with innovative obstetricians who are actively involved in research. At the end of your rotations, you can expect to have delivered 25 and 40 babies (with more available if desired); in addition, you will have followed approximately three to five prenatal patients through delivery.

The Gynecology experience emphasizes ambulatory gynecological problems. IUD placement and endometrial biopsies are also taught. High-risk Obstetrics and Gynecology electives are available in your third year.

**Surgery**

Four weeks in your first year are devoted to inpatient surgery, working with senior-level surgical residents and staff faculty. We emphasize pre- and postoperative care, surgical diagnosis, and assisting in the operating room.

Minor surgery procedural skills are taught and reinforced in the Family Medicine Center’s Minor Surgery Clinic and many other rotations throughout your residency.

**ENT – Urology – Ophthalmology**

These three rotations are each taught in short blocks and may be taken in any year of your residency. They focus primarily on outpatient care; however, operating room time is available for residents seeking inpatient exposure. Residents work closely with attending subspecialists, seeing a wide variety of problems commonly encountered by family physicians.
Human Behavior and Psychiatry
A two-year longitudinal rotation in Behavioral Medicine on site at the Family Medicine Center allows you to develop essential skills in this area taught by our psychiatrists, psychologists, family physicians, and psychiatric social workers.

Second- and third-year residents participate in a bimonthly Behavioral Medicine/Psychiatry afternoon clinic. Residents also have the opportunity to participate as co-therapists during their regular clinics. Here they may work in partnership with a Behavioral Medicine specialist, who has extensive background in family, couple, and adolescent counseling as well as eating disorders. As a third-year resident, you will spend two weeks working with the Chemical Dependency Recovery and Rehabilitation Programs as well as with other areas of Psychiatry. Electives in child or adolescent Psychiatry or inpatient Psychiatry are available.

Orthopedics
Residents have a two-week rotation in Orthopedics during their first year and another four-week rotation during their second or third year. Residents work one-on-one with an orthopedic surgeon, with emphasis on ambulatory care. You also devote time to seeing patients in our Sports Medicine Clinic as well as other locations. Opportunities are available to work with a high school team physician.

Physical Medicine/Sports Medicine
Residents spend four weeks working with Physical Medicine, Rehabilitation, and Sports Medicine specialists. You gain exposure to a large variety of sports and musculoskeletal problems, testing procedures, and treatments, and spend time on inpatient rehabilitation.

Community Medicine
Second and third year residents have a two-week rotation and longitudinal experience in partnership with Latino Health Access and homeless clinic. Our residents and teaching faculty work along with lay health workers to provide essential medical services, including home visits when needed.

These experiences provide invaluable education in use of community resources for those who have no medical care “home.” Our program recently received a national Kaiser Permanente cultural diversity award, and other awards for these efforts. Both faculty and residents participate in weekly community clinics for the homeless and uninsured.

Electives
There are numerous opportunities for personalized electives within our health care system. During your second and third years, a total of over four months of electives can be used to complement your education.

Family Medicine Center
Throughout your residency, you will spend a significant amount of time in our off-site, culturally diverse, outpatient Family Medicine Center, under the supervision of a teaching staff of more than 25 full-time, board-certified family physicians.

In your first year, you spend two half-days each week in the Family Medicine Center; in your second year, three half-days each week; and in your third year, four-half days each week. At least one faculty member is assigned to supervise and teach at all times.
Our residents are assigned a group of patients whom they follow throughout training, in both outpatient and inpatient settings, with the outpatient experience providing a spectrum of acute and chronic diagnoses. Preventive health care, prenatal obstetrical care and minor surgical and dermatologic procedures are also emphasized. Laboratory and radiology services, patient education programs, and consultations with various specialties are readily available.

**Conferences**

Third-year residents assist our faculty in planning conferences covering the core curriculum in Family Medicine. Senior residents also exercise a leadership role in conference presentation. All residents are expected to provide input regarding the educational content of the conference series and are encouraged to submit topic ideas, speakers, or case-based information.

In addition to the required daily noon conference schedule, annual symposia, hosted jointly by Kaiser Permanente specialty departments from throughout Southern California, are available at no cost.

**The Faculty**

The Family Medicine Department in Orange County consists of more than 270 family physicians, the largest in the U.S.

The Family Medicine Residency Program has full accreditation by the Accreditation Council for Graduate Medical Education. Principal faculty for the 2014 – 2015 academic year consists of more than 25 excellent family physicians, all of whom are board-certified and may hold university faculty appointments at local medical schools. A number of our faculty have received prestigious teaching and clinical awards in recent years.

Many other physicians provide additional support. The cultural and ethnic makeup of our family physicians reflects the diversity of the Orange County community we serve.

To learn more about:
- How to apply
- Our faculty and residents
- Available clerkships & electives
- Benefits & Salary

Visit us online today at [residency-scal-kaiserpermanente.org](http://residency-scal-kaiserpermanente.org)