Family Medicine Residency
Kaiser Permanente
Fontana Medical Center

Our Mission
Kaiser Permanente Fontana is where dynamic faculty train residents to be outstanding family medicine physician leaders that provide quality patient care, understand and reflect the diversity of the communities they serve, and demonstrate life-long learning and advocacy.

The Program
Initially accredited in 1975, the training program is based on an integrated curriculum which stresses four pillars: ambulatory care, academics, procedures, and family. The training environment provides a close-knit resident-faculty group within a large department and medical center. The faculty is a stable, committed, innovative and enthusiastic group who practice family medicine side-by-side with residents and maintain a policy of open communication.

With over 200 physicians, Family Medicine is the largest clinical department in our medical center. Our 27 residents help serve a patient base that’s large and diverse, with over 600,000 members from all walks of life, providing a wealth of experience for our residents. More than 400 board-certified specialists provide lectures, consultation, and one-on-one electives to hone subspecialty skills, in addition to teaching in core rotations.

Our state of the art, 450 bed tertiary care hospital at Fontana provides most specialty care including neurosurgery and cardiac surgery. Our 224 bed Ontario Medical Center is part of our 2-campus area. The vast majority of your training occurs in Fontana, although we use our Ontario facility for select experiences. Thus, the training environment provides broad exposure to diverse patients, specialties and teaching.
In our training program, you will learn to practice cost-effective, evidence-based, patient-centered, population-based primary care.

We also have 3 fellowships:

- **Sports Medicine** fellowship began in 1989 and trains 3 fellows per year. The fellowship is located within the Family Medicine clinic and provides teaching and immediate curbside consultation for residents.
- **Geriatric** fellowship began in 2007 and trains 3 fellows per year. They work in sub-acute and long-term facilities as well as provide home care, hospice, and palliative care. The fellowship also has an integral role in teaching the residents.
- **Community Medicine/Junior Faculty** began in 2010 and trains 1 fellow per year. The fellow provides primary care to community and school-based clinics as well as teaches and mentors residents in community health.

### Clinical Experiences

#### Pillar One: Ambulatory Care
- High patient volume patient with excellent exposure to pediatrics, gynecology, and adult medicine in Family Medicine clinic (FMC)
- Residents actively manage their own patient panel
- Team-based care for diabetes, hypertension, and lipid management
- Sports Medicine fellowship is located on site, with immediate “curbside” consultation available

#### Pillar Two: Academics
- Based in a state of the art, tertiary care teaching hospital
- Noon teaching conferences covering diverse family medicine topics
- Longitudinal behavioral medicine program with weekly teaching conference
- One-on-one teaching in all clinical settings
- Research supported both locally and regionally with grant funding available

#### Pillar Three: Procedures
- Exposure to common ambulatory minor procedures throughout residency
- Dermatology clinics with minor procedures included in FMC
- Gynecologic procedures clinics in FMC
- Training in joint injections in both Sports Medicine clinic as well as FMC
- Point of Care Ultrasound (POCUS)
- Training in vasectomies is available. The Family Medicine department performs all vasectomies for the medical center

#### Pillar Four: Family
- Biopsychosocial model of family care integrated into all rotations
- Patient centered care in a family context
- Family Circles and genograms as tools to understand family systems

### Rotations

#### Adult Medicine
- A tertiary care center nestled in a working-class community allows for a broad clinical experience with wide-ranging pathology
- Residents will have full responsibility for patient care with excellent back-up support and teaching from FM and IM attendings
- Admitting short calls during the first and second year
- Third years act as junior attendings
• Excellent teaching from specialists and subspecialists in weekly didactics and morning report

**Pediatrics**

• Exposure to routine and subspecialty care in outpatient pediatrics rotations
• Hospitalist pediatricians provide bulk of teaching on inpatient pediatrics
• Plenty of newborn care experiences in outpatient pediatrics, the newborn nursery and your own continuity clinics
• Pediatric Urgent Care training in the first and second years, followed by emergency department experiences with Pediatric Emergentologists in your third year training in our ED with Pediatric Emergentologist.

**Women’s Health and Maternal Child Health**

• Teaching and clinical experience with routine gynecologic care
• Exposure to subspecialty gynecology such as infertility, urogynecology, etc
• Occasional OB overnight call on Maternal Child Health rotation.
• High volume of deliveries allows residents to not only meet, but exceed the minimum requirements with ease
• Exposure to high risk pregnancies with emphasis on normal risk
• Weekly prenatal care in Family Medicine Clinic with OB and Family Medicine input and supervision
• Early obstetric ultrasound training

**Surgery**

• Round with surgical consultant to evaluate potential surgical issues
• In addition to dedicated rotations in minor surgical procedures, you will have extensive, longitudinal training in common outpatient office procedures throughout your three years
• Urgent Care experiences provide exposures to acute minor traumas, including laceration repairs

**Sports Medicine**

• Extensive sports medicine exposure in Sports Medicine clinic with our fellowship
• Sideline and event Sports Medicine Coverage
• Fracture management
• Rotations in Physical Medicine and Rehab and Orthopedics
• Excellent exposure to acute injuries in Urgent Care setting

**Emergency Medicine**

• (2) 4 week rotations in the 3rd year in our high volume Emergency Department, which includes Peds ER
• Outstanding teaching from our emergentologists
• Opportunity to perform various procedures, including suturing, intubations, CPR, etc.

**Community Medicine**

• Community work in all 3 years including school based health clinics and community clinics
• In addition to working in various community health care settings, the four week Community Medicine rotation in the 3rd year provides opportunities to shadow professionals in the County Health department, fire department and Child Protective Services, among others

**Health System Management**

• Longitudinal curriculum with exposure to all practice options, office management, financial planning, interview skills, and resumé building
• Ongoing feedback on utilization of resources: radiology, consults, lab, medications, etc.
• Opportunity in the 3rd year to explore practice options and understand practice management in an outside office setting
Geriatrics
• Exposure to geriatrics and nursing home care in all three years
• Didactic lectures during noon conferences and during block rotation
• Longitudinal care of 2 nursing home patients during 2nd & 3rd Year
• Geriatric assessment clinic
• Skilled nursing facilities
• Hospice
• Palliative
• Home care

Behavioral Medicine
• Longitudinal behavioral training
• Family systems and behavioral training integrated in outpatient and inpatient rotations