



# Emergency Medicine

## San Diego Medical Center

### The Program

The Kaiser Permanente San Diego Emergency Medicine Residency Program is a comprehensive PGY-1 through PGY-3 training program accredited in 2013. It is the first Kaiser-based Emergency Medicine training program in the country. The program accepts 6 residents per year.

The program is designed to provide all of the essential tools residents will need to be superb clinicians, educators, and leaders in their field. Residents will learn to care for any patient in any practice environment. Supplementing the core clinical rotations, will be longitudinal ultrasound and tox curricula; interactive and dynamic conferences and workshops; a state-of-the-art simulation lab; and 70 full-time faculty, many with fellowship training, who are dedicated to teaching at the bedside and in the classroom.

In addition to the core content and key learnings of emergency medicine, residents will acquire the tools needed to practice in Emergency Medicine (EM) today. The program has a strong focus on leadership training, operations management, physician wellness, innovation and technology, patient safety and service, health care delivery systems and risk management. Residents will be provided with skills to enrich their careers through scholarly activity, research, and lifelong learning of evidence-based medicine.

Our vision is to be the premier training program in EM, inspiring both the personal and professional lives of our residents, while making a positive impact on patients, the community, and health care at-large.

At Kaiser Permanente, you will become a superbly trained and well-rounded clinician prepared for a fulfilling career in emergency medicine with the skills to thrive in any practice environment.

## The San Diego Medical Center

The Emergency Department at Kaiser Permanente currently serves two medical centers, both of which are urban, high volume, Level 3 Trauma and Stroke Receiving Centers. We operate both ED's in San Diego County, caring for more than 115,000 patients each year. We are responsible for all 600,000 Kaiser Permanente members in San Diego. As such, we serve a socioeconomically and culturally diverse population. We care for patients of all age ranges in an integrated emergency setting and treat more than 15,000 pediatric patients each year, making ours the second busiest pediatric receiving ED in the county.

The San Diego Medical Center, opened in 2017, is a brand new, state-of-the-art hospital and emergency department.

The goal of our curriculum is to develop well-trained, well-rounded compassionate physicians. We expect graduates of our program to be prepared to succeed in practicing medicine in almost any setting. We hope that our graduates will share our appreciation of the importance of psychosocial factors and continuity of care in a successful practice.

## Curriculum

The residency program allows residents to learn all of the skills needed to be competent, skilled emergency physicians, ready to practice in any environment. The comprehensive curriculum exposes residents to key aspects of emergency medicine over the three years in a supportive environment that allows for increasing autonomy and progressive responsibility.

### PGY-1

The first year of training is designed to give residents a strong background in various specialties, which they will need to practice emergency medicine. Residents will rotate through the departments of Anesthesia, Orthopedics, Critical Care Medicine, Hospital Medicine and Pediatric Emergency Medicine. Residents will also spend a significant portion of the year in the Emergency Department, developing the skills fundamental to the practice of emergency medicine.

### PGY-2

The second-year resident focuses on stabilization of the critically ill patient and assuming a leadership role in the ED. Time spent in the trauma critical care and pediatric intensive care units ensures that the

resident is comfortable with caring for critically ill patients and is aware of the progression of pathology in these individuals. They will also become proficient at invasive procedures required for the care of critically ill and injured patients.

During the PGY-2 year, residents will participate in our experiential and engaging ED Admin curriculum which will allow residents to gain an appreciation for the basic principles of ED administration and leadership. Residents will learn about quality, safety and risk management as it pertains to emergency medicine and will begin to develop an understanding and appreciation for the complex role of emergency medicine within the larger framework of the hospital, institution and national health care system. Ample elective time will allow residents to explore niche interests outside of the core curriculum.

### PGY-3

Third-year residents will have increasing autonomy in caring for patients and managing operations in the emergency department. They will take on a more supervisory role in managing flow in the emergency department, directing resuscitations, teaching simulation sessions, and overseeing junior residents, medical students and off-service rotators. In the third year residents will complete their scholarly project and will be supported to present their work at a national EM conference.

Residents will also participate in editorial reviews of manuscripts submitted to the Permanente Journal. To further enhance the resident's training experience, residents will rotate at Scripps Mercy; Children's Hospital of Orange County; and Rady Children's Hospital. The rotations in Pediatric EM, Trauma Critical Care and PICU will provide residents with training experience outside of the Kaiser Permanente setting.



To learn more about our program, our faculty and residents, salary benefits, and how to apply, visit:

<https://residency-scal-kaiserpermanente.org/residency/emergencymedicine>



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