



Interventional Cardiology Los Angeles Medical Center

The Los Angeles Medical Center (LAMC) serves as a referral center for more than three million Kaiser Permanente members throughout Southern California. It is a major tertiary care facility for services including cardiac catheterization, cardiac surgery, hemodialysis and peritoneal dialysis, bone marrow transplantation, apheresis, radiation oncology, neurosurgery, and specialized urologic surgery. The Medical Center also maintains an active teaching program in all major medical and surgical subspecialty services.

Kaiser Permanente LAMC is one of the teaching hospitals of the University of California, Los Angeles (UCLA) School of Medicine. Students and residents from UCLA rotate through the Internal Medicine and subspecialty services. Many members of our medical staff belong to the UCLA teaching faculty.

Kaiser Permanente is among the nation's largest and most highly regarded managed-care organizations. As a member of our fellowship program, you will learn to

practice cost-effective, yet caring medicine—an approach indispensable to providing quality health care in all future medical settings.

The Program

The Interventional Cardiology subspecialty educational program provides fellows with broad exposure in clinical Interventional Cardiology, with the goal of developing well-rounded clinicians. Complete cardiac catheterization and cardiac surgical services, as well as all phases of currently approved cardiac studies and patient management, are available at the LAMC.

Our 34-bed Coronary Care Unit (CCU) admits 2,500 patients yearly. The CCU is divided into several distinct modules equipped to provide standard care, invasive monitoring, or step-down care. The CCU serves the training requirements of the Department of Internal Medicine as well as those of Cardiology.

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The surgical division currently operates on 1,200 patients yearly, including a full spectrum of patients with ischemic, valvular, and congenital heart disease.

Our Cardiac Catheterization Laboratory consists of four suites, support facilities, and a large, well-equipped lecture room. The Laboratory does 8,000 diagnostic catheterizations and performs 2,000 interventional procedures yearly. There is an active structural heart program that includes: TAVR, MitraClip, PFO closure, percutaneous mitral valvuloplasty, TEVAR, and left atrial appendage closure. The equipment is considered state of the art.

The one-year interventional program includes:

1. Participating in a daily cath conference and assessing the appropriateness of an intervention versus cardiac surgery or further medical therapy. This is a unique opportunity for discussing different approaches with several experts.
2. Evaluating patients pre-intervention.
3. Performing coronary interventions, including balloon angioplasty, stents, and rotabators with a senior staff interventional cardiologist.
4. Participating in structural heart procedures.
5. Postprocedural care/management, including discharge instructions and proper follow-up care.
6. Performing diagnostic cath procedures and teaching junior Cardiology fellows.



Research

The rapid growth of information derived from the basic sciences has profoundly impacted clinical medicine. In order to become skilled in assessing research data, our trainees should each have personal involvement in research. At least one project should be completed during the year.

Additional Training Resources

Medical Library

The media center is a subsection of the Library, and provides audio-visual educational programs that houses 2,000 audio, CD-ROM programs, AV/DVD tapes and extensive specialty board review materials. A regional research and education service provides biostatistical consultation in support of research study.

Conferences and Seminars

There are weekly conferences. They are titled Hemodynamics, Noninvasive, Grand Rounds, and General Cardiac Lecture Series.

In addition, there is a monthly Mortality and Morbidity Conference; a monthly Journal Club, and weekly Cath Conferences featuring experts in Interventional Cardiology.



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