



Geriatric Medicine Los Angeles Medical Center

Kaaiser Permanente is among the nation's largest and most highly regarded health care delivery organizations. One in four insured Californians belongs to the Kaiser Permanente Health Plan. As a member of our Fellowship program, you will learn to practice cost-effective, compassionate medical care—an approach indispensable to providing health care in all future settings.

The Program

The Los Angeles Medical Center campus functions both as a community health center and as a tertiary care facility for Kaiser Permanente of Southern California. The program is built around the concepts of comprehensive, cost-effective and family-oriented primary care. Our program is unique in that it is situated in a great metropolitan area with an elderly population representing the full gamut of geriatric syndromes, chronic medical illnesses, education, ethnic, and socioeconomic strata.

As a fellow you will have an unparalleled degree of patient continuity that is rarely found in other medical systems. You will enjoy a robust clinical practice and a research division devoted entirely to resident projects. In addition, the Kaiser Permanente Los Angeles Medical Center (LAMC) offers over 20 other residency and fellowship programs that provide opportunities for synergistic collaboration and education amongst fellow residents.

Goals and Objectives

The one-year geriatric residency educational program is organized to provide a superior educational experience in geriatric care in a managed care setting. As a fellow, you will gain the competency to manage geriatric patients and serve as a consultant to other medical providers. Fellows are provided with the knowledge and skills necessary to sit for the CAQ in Geriatrics. All of our previous geriatric fellows have passed the CAQ on the first attempt.

The training program also imparts fellows with the communication skills critical to educating, discussing, and delivering individualized information to patients and their families regarding quality of life, chronic disease progression, and palliative care.



Teaching Program

Geriatric fellows care for a large and ethnically diverse patient population with a variety of medical problems across a wide range of inpatient, outpatient, and community settings. The fellows function within a physician-directed inter-disciplinary team where complex geriatric patients are discussed and managed in a collaborative fashion. By considering an individual's functional, cognitive, emotional, socioeconomic, and spiritual domains, the fellow develops the insight to manage the nuanced needs of our nations multi-faceted elderly population.

The long-term care experience comprises home-based palliative, skilled (post-acute), subacute, rehabilitative, and custodial care. These robust experiences provide a strong foundation for developing interdisciplinary leadership, telephonic management proficiency, transitional care expertise, and skillful approaches to conducting family meetings that discuss progression of chronic disease states and end-of-life situations.



The fellows mentor Family Medicine and Internal Medicine residents on geriatric principles, while collaborating with faculty physicians, nurses, social workers, and allied health professionals to expand the quality of care for older patients.

You will also have the privilege to:

- Give educational talks on various subjects relating to healthy aging at a Community Health Center
- Supervise family practice residents in their care of long-term care patients at extended care facilities
- Participate in academic endeavors including journal clubs, quality improvement projects, and the development of lectures to resident and attending physicians
- Join in institutional committees such as the hospital residency house staff committee, drug utilization action team, and bioethics

Research Opportunities

Keeping abreast with the geriatric literature and participating in scholarly activities is a vital component of the geriatric fellowship. The fellows are given regularly scheduled protected time to focus on their annual project. Seminars are scheduled into the core curriculum to assist in research design and methodology. Fellows are encouraged to present at local and national venues such as the UCLA Family Medicine Multi-Campus Research Forum and the Annual Scientific Meeting of the American Geriatrics Society.



Visit residency-scal-kaiserpermanente.org to learn more about salary & benefits, how to apply, our faculty & fellows, and past & current projects