

KAISER PERMANENTE SOUTHERN CALIFORNIA

The Program

The Kaiser Permanente San Diego Emergency Medicine Residency Program is a comprehensive PGY-1 through PGY-3 training program accredited in 2013. It is the first Kaiser Permanente-based Emergency Medicine training program in the country. The program accepts 6 residents per year.

The program is designed to provide all of the essential tools residents will need to be superb clinicians, educators, and leaders in their field. Residents will learn to care for any patient in any practice environment. Supplementing the core clinical rotations, will be longitudinal ultrasound and toxicology curricula; interactive and dynamic conferences and workshops; a state-of-the-art simulation lab; and 100 full-time faculty, many with fellowship training, who are dedicated to teaching at the bedside and in the classroom.

In addition to the core content and key learnings of emergency medicine, residents will acquire the tools needed to practice in Emergency Medicine (EM) today. The program has a strong focus on leadership training, operations management, physician wellness, innovation and technology, patient safety and service, health care delivery systems, and risk management. Residents will be provided with skills to enrich their careers through scholarly activity, research, and lifelong learning of evidence-based medicine.

Our vision is to be the premier training program in EM, inspiring both the personal and professional lives of our residents, while making a positive impact on patients, the community, and health care at-large. At Kaiser Permanente, you will become a superbly trained and well-rounded clinician prepared for a fulfilling career in emergency medicine with the skills to thrive in any practice environment.

The San Diego Medical Center

The Emergency Department at Kaiser Permanente currently serves two medical centers, both of which are urban, high volume, Level 3 Trauma, and Stroke Receiving Centers. We operate both ED's in San Diego County, caring for more than 120,000 patients each year. We are responsible for all 620,000 Kaiser Permanente members in San Diego. As such, we serve a socioeconomically and culturally diverse population. We care for patients of all age ranges in an integrated emergency setting and treat more than 15,000 pediatric patients each year, making ours the second busiest pediatric receiving ED in the county.





The goal of our curriculum is to develop well-trained, well-rounded compassionate physicians. Our graduates have gone on to practice in a myriad of settings to include academic emergency medicine as well as at community, rural, and high acuity, trauma centers. Our grads have also matched in competitive fellowships to include anesthesia critical care, pediatric emergency medicine, palliative care, pain medicine, EMS, and education and technology.

Curriculum

The residency program allows residents to learn all of the skills needed to be competent, skilled emergency physicians, ready to practice in any environment. The comprehensive curriculum exposes residents to key aspects of emergency medicine over the three years in a supportive environment that allows for increasing autonomy and progressive responsibility. Unopposed access allows residents unparalleled access to patients, procedures, and educational opportunities.

PGY-1

The first year of training is designed to give residents a strong background in various specialties, which they will need to practice emergency medicine. Residents will rotate through the departments of Anesthesia, Orthopedics, Critical Care Medicine, Hospital Medicine, and Pediatric Emergency Medicine. Residents will also spend a significant portion of the year in the Emergency Department, developing the skills fundamental to the practice of emergency medicine.

PGY-2

The second-year resident focuses on stabilization of the critically ill patient and assuming a leadership role in the ED. Time spent in the trauma critical care and pediatric intensive care units ensures that the resident is comfortable with caring for critically-ill patients and is aware of the progression of pathology in these individuals. They

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will also become proficient at invasive procedures required for the care of critically ill and injured patients.

During the PGY-2 year, residents will participate in our experiential and engaging ED Admin curriculum which will allow residents to gain an appreciation for the basic principles of ED administration and leadership. Residents will learn about quality, safety, and risk management as it pertains to emergency medicine and will begin to develop an understanding and appreciation for the complex role of emergency medicine within the larger framework of the hospital, institution and national health care system. Ample elective time will allow residents to explore niche interests outside of the core curriculum.

PGY-3

Third-year residents will have increasing autonomy in caring for patients and managing operations in the emergency department. They will take on a more supervisory role in managing flow in the emergency department, directing resuscitations, teaching simulation sessions, and overseeing junior residents, medical students and off-service rotators. In the third year, residents will complete their scholarly project and will be supported to present their work at a national EM conference.

Residents also have robust opportunities for scholarship to include a longitudinal research curriculum, 1:1 mentor ship on projects, support for travel when presenting, data analyst and biostats support and opportunities to review and publish in KP's own pubmed-indexed, The Permanente Journal.

To further enhance the training experience residents rotate at multiple affiliate sites through Southern California for EM, Trauma Critical Care, Pediatric EM, MICU and PICU. These sites include Scripps Mercy; TriCity Medical Center, Children's Hospital of Orange County, and Rady Children's Hospital. Nearly half of all rotations occur at high acuity, trauma receiving centers and serve to expose residents to patient populations and health systems outside of the Kaiser Permanente setting.

